

B.Sc. Physical Education

Frequently Asked Questions

1. What is the basic eligibility criteria for the course?

Answer: One must complete 12th standard with minimum pass percentage assigned by the government.

2. What is the admission procedure for enrolling in this course?

Answer: Admission shall be made on the basis of ranking for a total of 150 marks as detailed below:

1. Qualifying Examination - 25 marks
2. Participation in Sports and Games - 25 marks
3. Sports Proficiency Test - 50 marks
4. Physical Fitness Test - 50 marks
 - a. 100mts - 20 marks
 - b. Shot-put - 15 marks
 - c. Long Jump - 15 marks

Sports and Games participation (Maximum Marks: 25)

1. Representation for the Country/National placing (I, II, III & IV) - 25 marks
2. State Representation (Form II/IV in games/Sports) - 20 marks
3. Inter Division (Participation) BDS / RDS - 15 marks
Inter District (participation) / CBSC CLUSTER
4. BDS / RDS - 10 marks
5. Inter-School Representation - 05 marks

Games and Sports Proficiency Test (Maximum marks: 50)

The applicant should choose any one of the following games (Badminton, Ball Badminton,

Basketball, Cricket, Football, Handball, Hockey, Kabaddi, Kho-Kho, Table Tennis, Tennis & Volleyball) for assessment.

Medical Certificate

All applicants should submit along with the application a latest Medical Certificate issued by a Government Doctor not below the rank of a Civil Surgeon to the effect that the candidate is fit to undergo strenuous activities.

3. What are the sports that will be covered during the course?

Answer: A wide range of games and sports that include basketball, football, volleyball, tennis, table tennis, cricket, hockey, badminton, kabaddi, handball and various track and field games. Additionally, one would also be exposed to yogasana and the theories of gymnastics.

4. Can girls enroll for this course and if so, what is the scope?

Answer: Yes, of course! The scope for opportunities is same as boys, if not higher. As women's sports have been developing over the recent years opportunities for women assistants and trainers will be of high demand.

5. What are the higher graduate courses and higher education options after completing this course?

Answer: Some of the higher education options that a graduate of this course can pursue are B. Ped., M. Ped., and Ph.D. To become a Physical Training Teacher in School, the candidate would have to complete B. Ped.; and to be a Physical Education Teacher in a University they have to complete M. Ped. / Ph.D.

6. What are the facilities of the institution as far as sports grounds and gyms are concerned?

Answer:

HITS provides state of the art:

- Synthetic Basketball Court with Floodlights
- Indoor Badminton Court with Floodlights
- Synthetic Tennis Court
- Cricket Ground
- Football Field (Turf)
- Volleyball Court
- Billiards Tables
- Table Tennis Boards
- Air-Conditioned Multi-Purpose Gymnasium.

Additionally, the hostel facilities have Badminton Courts, Table Tennis Boards, Billiard Tables and a Gymnasium.

7. Who can opt for this course?

Answer:

- Candidates who want to become an instructor for various physical activities in gyms, schools, colleges and other health-related places are a good match for this programme.

- The course is suitable for those who want to become a Physical Education Teacher and is sturdy and robust in their physic.

8. Can students of any stream enroll for this course?

Answer: Yes, students of any stream who have completed their 12th will be eligible for this programme.

9. I don't have a sports background, can I join?

Answer: As mentioned in the admission process - one would have marks allotted to each aspect - physical test, representation and so on. A student would have to have represented a sport in the district level as a minimum standard for qualification. So, without a sports background it would be difficult to enroll to this programme.

10. What would be the mode of teaching, will there be practical classes?

Answer: Yes, there would be practical classes to go with theory classes.

11. Can physically and mentally challenged students enroll in the course?

Answer: As mentioned in the admission process there would be a physical test that one must pass to be admitted. But if the student holds a representation in the Paralympic Games (National or International), the student will definitely get an admission.

12. What is the mode of evaluation (type of exams)?

Answer: As mentioned above there would be theory and practical exams.

13. What is the duration of the course?

Answer: The duration of the course will be 3 years.

14. What advantage does one have over a person who has not taken this course as far as becoming a sports consultant, trainer and so on?

Answer: Any person willing to become a consultant or a trainer must complete recognized courses. What this course does is provide a perfect base by teaching anatomy and physiology along with the relevant exposure to a wide range of games and sports. Moreover, the facilities in the college would provide students an opportunity to learn directly from practical experience.

15. What are the career opportunities upon completion of the course?

Answer: On the completion of this programme some of the career opportunities are:

- Fitness Trainer
- Health Consultancy

- School, Colleges & Universities Instructor

16. Will completing B.Sc. alone be helpful in getting the above-mentioned job opportunities or will one have to complete postgraduate courses to get those opportunities?

Answer: As mentioned above, one would have to complete postgraduate courses to be a physical director in schools and colleges. At the same time, one would need to complete recognized courses to be a Gym Consultant, Trainer and so on. But this undergraduate course would make it easy for students to complete those other courses.

17. How many seats are available for the course?

Answer: Around 60 seats are made available per year.

18. How will the students be exposed in terms of learning and organising events?

Answer: The college will conduct a wide range of inter college and inter university tournaments in which students can not only participate but also have an insight into the organization side of things.

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